

WORLD OF WORK

CAREER DOCTOR



Paul Mullan

Q I have a BA in English and international relations, a BA honours in international relations, an MA in human rights and I speak Italian, English, French and Spanish. What kind of a job could I apply for here in Ireland?

A The good news is that Ireland still has one of the lowest unemployment figures in the eurozone with a huge demand for employees across all industry sectors and roles. Now is the ideal time to secure your dream job with demand for staff exceeding supply.

With this in mind I would recommend to start with a focused approach to your job search. If you have identified jobs or areas where you would like to work then start here – ask what do you want to do and not what could you do. If you have an interest in international relations, human rights and languages you can explore jobs in these areas. I would recommend you speak to recruitment companies, search online job boards and newspapers to source your preferred job.

If you don't have any idea what you want to do I have two suggestions. If you want a career or have a long-term view of employment in Ireland, I recommend you participate in a formal career coaching session. If you have a short-term view to employment and you are not career focused there are various options. Multilingual, call centre and customer service work would be an obvious place to start with your education and languages. For immediate opportunities while you find your feet and decide what you want to do, you may consider temping or the hotel and catering sector.

Paul Mullan is director of Measurability. Visit www.measurability.ie.

+ If you have any job problems you would like answered by our panel of Career Doctors, please email: careerdoctor@whitespace.ie or write to: Jobs & Careers, Career Doctor, Whitespace Publishing Group, Top Floor, Block 43B, Yeats Way, Park West Business Park, Nangor Road, Dublin 12.